

## Lions Club support makes all the difference



The ongoing support we receive from the Lions Clubs of New Zealand means we've been able to run this special voyage for over 10 years, changing the lives of hundreds of young people with physical disabilities.

Due to your generous donations, we have been able to keep the individual costs per participant down to a fraction of the real cost of the voyage, and we are able to fund the extra buddies required to make sure this voyage provides the very best experience for all involved.

With this always in our minds, we would like to express our most sincere appreciation and thanks to the Lions Clubs of New Zealand.

Without your support, these truly 'Inspirational Voyages' would not take place. The impact you have on so many young people's lives, will not be forgotten.



### How to contact us

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A 5-Day adventure at sea for physically challenged young New Zealanders



## Inspiration Voyage - creating opportunities and overcoming challenges

Each year, with generous support and sponsorship from the Lions Clubs of New Zealand, spearheaded by the Karori Lions Club, Spirit of Adventure Trust is able to take 30 physically-challenged young people to sea on a special 5-day voyage.

These 30 young people, aged between 16 and 20 years, come from all over New Zealand and are selected by referrals from schools and organisations. They are split into four groups with up to three experienced buddies assigned to them.

### Creating opportunities to succeed

The emphasis of this programme is to provide opportunities to face challenges outside their usual boundaries, gaining confidence and achieving things that previously might have looked impossible.

### Different challenges

On every one of these voyages, we see so many trainees overcome their fears and doubts. The challenges are different for everyone; for some it is climbing the mast, for others jumping in for the morning swim instead of climbing down the ladder. For others it is simply living in a group situation.

The buddies on these voyages do a great job of making things possible for the trainees; however, it is most impressive to witness the trainees themselves helping each other out. This is demonstrated in so many ways, from translators who sign for those who were deaf, to picking up something that was dropped, or making space for someone who could not stand for long periods.

The noticeable impact these five days have on the lives of each trainee is radiated through their attitudes, their behaviours and the friendships they have made.

Our unique Inspiration Voyage focuses on the following:

#### Life Skills

- ▲ Building self confidence
- ▲ Dealing with prejudices
- ▲ Leadership
- ▲ Communicating with new people
- ▲ Learning to be resilient
- ▲ Working in teams
- ▲ Experiential Learning
- ▲ Dealing with close confines of a ship

#### Activities

- ▲ Climbing the mast
- ▲ Cooking a meal
- ▲ Cleaning the ship
- ▲ Sailing the luggers
- ▲ Putting up sails
- ▲ Sleeping in hammocks
- ▲ Rafting ashore
- ▲ Swimming alongside the ship

## 2014 Voyage

- ▲ Dates will be confirmed mid-2013
- ▲ Expressions of interest welcome.  
Please contact Kylie on 09-373 2060 or send an email with your details to [kylies@spiritofadventure.org.nz](mailto:kylies@spiritofadventure.org.nz) for more information.
- ▲ Cost: \$400 including travel - this may be covered by five carer support days

